

# Defaecating Proctogram X-ray

## Defaecating Proctogram

A Defaecating Proctogram is an X-ray examination of the last part of the large bowel, designed to demonstrate the muscles and structures used in defaecation.

Before the test, you will be asked to change from your clothing into a gown. In the room, the radiologist or radiographer will introduce him or herself to you.

Barium paste will be put into the back passage (rectum) via a soft tube. You will be asked to bear down and pass some of the barium during the X-ray examination. This will be done in a specialised X-ray room. Your privacy will be well-maintained at all times.

## Preparation

It is necessary to have a Barium drink before your X-ray examination can commence. This will be given to you on arrival in the department and your test will take place one hour later.

## Females

Prior to your examination, you may be asked to insert into your vagina a tampon which has been dipped into some iodine-based contrast medium.